

Semester at Sea Fall 2005 Packing List

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Notice This document was compiled from suggestions made on the Semester at Sea Fall 2005 message board and the Voyagers Handbook. It is not intended as an official list. I am not affiliated (in any way other than that I will be attending) with Semester at Sea, the Institute for Shipboard education or the University of Pittsburgh.

Updates/Corrections If you find any mistakes in these lists or have suggestions about items that should be added/removed or recommended in different quantities please email me at *fool@atomichamster.com* or post to the Semester at Sea Fall 2005 message board. The latest version of this document can be found at <http://www.atomichamster.com/sasfall05/preparation/packinglist.pdf>

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1 Packing List

1.1 Paperwork

1. Passport
2. 4 Copies of Passport photo page
3. 2 Extra Passport Photos
4. ID / Copy of ID
5. Medical Documentation
6. Documentation of Inoculations
7. Visas
8. SAS Paperwork
9. List of Emergency Contacts
10. Address Book and Envelopes

1.2 Money

A few people on the message board have indicated that they budgeted about \$200 per port and brought the bulk of that in travelers checks.

1. Credit Cards
2. Travelers Checks (\$????)
3. 250 \$1.00 Bills
4. Money Belt

1.3 Class Materials

1. Textbooks
2. Post ITs
3. Sharpies
4. Pens
5. Wooden Pencils
6. Mechanical Pencils / Lead
7. Notebooks
8. Ruled Paper
9. Note cards
10. Tape¹
11. Highlighters
12. Small Calculator
13. Binders
14. Folders
15. Small Stapler / Hole Punch
16. Paper Clips
17. Scissors
18. Glue

1.4 Clothing

1.4.1 Basics

Bring clothes you do not care about, they may get ruined or might need to make space at the end of the trip.

¹Duct tape is suggested for keeping things in place for rough weather.

1. Glasses (+ extra pair and case)
2. Contacts (+ care solutions)
3. T-Shirts (7)
4. Long Sleeved Shirts (2)
5. Sweater / Sweat Shirt
6. Shorts (4)
7. Workout Shorts (3)
8. Swimming Suits (2)
9. Khaki Pants (1)
10. Pajama Bottoms (2) [?]
11. Tank Tops (3) [?]
12. Jeans (1)
13. Zip Off Pants (2)
14. Socks (15)
15. Underwear (20)
16. Belts

1.4.2 Outerwear

1. Light Jacket
2. Rain Coat
3. Hats (2)

1.4.3 Footwear

1. Sneakers (2)
2. Hiking Boots [?]
3. Sandals

1.4.4 Dress Clothes

1. Suit / Dress
2. Slacks / Skirts (2)
3. Dress Shoes

1.4.5 Miscellaneous

1. Hangers
2. Beach Towel

1.5 Bedding

1. Pillow²
2. Blanket / Sleeping Bag³

1.6 Toiletries

1. Deodorant
2. Hair gel
3. Liquid soap
4. Q-Tips
5. Sun screen

²Optional. For people who like having more than one pillow or want to use it outside their cabin.

³For sleeping on deck.

6. Aloe
7. Lotion
8. Shampoo
9. Conditioner
10. Chapstick
11. Shaving cream
12. Razor blades
13. Face wash
14. Tooth paste
15. Tooth brush
16. Facial Tissues (pocket bags)
17. Nail clippers, files, etc
18. Hair brush
19. Overnight Toiletries
20. Feminine Hygiene Products
21. Hand Sanitizers (packets)
22. Baby Wipes

1.6.1 Miscellaneous

1. Laundry detergent / Woolite
2. Fabreeze
3. Laundry bag⁴ (Netted)
4. Travel Sewing Kit
5. Clothespins
6. Clothes line/Rope
7. Tweezers
8. Soap Container⁵
9. Small Empty Bottles⁶

1.7 Medicinal

1. Neo-sporin
2. Band-aids
3. Malaria Pills
4. Imodium AD
5. Pepto Bismol
6. Antibiotics (for food poisoning)
7. Ace Bandage
8. Prescription Medications
9. Aleve / Tylenol
10. Bug Spray (Deet)
11. Itch Cream
12. Cold/Sinus Medication
13. Sea Sickness Medication
14. Vitamins/Iron

1.8 Camera

1. Camera

⁴This may be provided by the ship.

⁵For overnights. It has been mentioned on the message board that soap may not be provided on the new ship.

⁶For carrying shampoo, lotion, etc on overnight trips.

2. Film / Memory⁷
3. Strap
4. Cords / Accessories
5. Extra Batteries
6. Battery Charger
7. Disposable Cameras⁸ (10)
8. Camera Case
9. Small Bean Bag⁹

1.9 Computer

1. Laptop
2. Battery Charger
3. Blank CD-Rs/DVD-Rs
4. Floppy Disks [??]
5. USB Pendrive (256 MB or more [?])¹⁰

1.10 Miscellaneous

1. Journaling Books
2. Battery Powered Travel Alarm Clock
3. Watch¹¹
4. Surge Protector
5. Portable Music Player
(Tape/CD/MP3 Player)
6. Nalgene Bottle
7. Maps
8. Travel Guides
9. Playing Cards
10. Backpacks (big¹² & small)
11. Safety Pins
12. Batteries
13. Luggage Tags
(with name, address, SAS ship name)
14. Postcards of hometown
15. Small Battery Operated Fan

⁷Just a little personal note here about buying memory for your digital camera. If anyone is still buying memory from retailers like Best Buy or Office Depot you should really consider an online vendor. Just as a quick comparison (as of February 20th) a 1GB SanDisk CF card is \$109.99 at BestBuy, \$99.99 at Office Depot and \$65.91 at <http://www.newegg.com> (not affiliated, just never been disappointed by anything I have ordered from them). Also keep in mind that not all flash cards are created equal. Some cards have much higher read/write speeds than others. What different cameras can take advantage of varies, if you need any help matching up cards with cameras please feel free to email me, I am happy to help.

⁸For use in questionable areas.

⁹For SLR users who might need something to rest the camera on.

¹⁰See the footnote about purchasing camera memory. Similar situation here.

¹¹An inexpensive watch with out the "steal me" look is best. Also note that the ship runs 24 hour time.

¹²Needed for field programs with flights as you are not allowed to check luggage.

16. Dry Erase Board / Markers (for door)
17. Magnets¹³
18. Water Bottles
19. Colapsable Closet Shelves¹⁴
20. Power strip w/ Surge Protector¹⁵
21. Binoculars

1.11 Food

1. Gum
2. Tea
3. Candy
4. Balance Bars
5. Dried Fruit
6. Powdered Juice

¹³For hanging stuff in your cabin.

¹⁴Only if you don't plan on using the hanging space for other things.

¹⁵The ship apparently now has 5 US style 110 outlets so this might not be needed.